

# THE CLEARY COMPASS

## OUR PATHBREAKING APPROACH TO CAREER DEVELOPMENT



Participants will engage in an interactive workshop that gives them the tools, the time and the space to develop a healthy, realistic mindset allowing them to confidently answer the question, "What will I do with my life?" Through The Cleary Compass, they will examine multiple versions of their future, and use these as stepping stones to acquire the practices to prototype their lives.

This workshop explores the myth that people need to find their passion and have "it" all figured out. According to research from Stanford University, the creator of Designing Your Life, the program in which The Cleary Compass is based, fewer than 20 percent of people have a single identifiable passion in their lives. That is why Cleary focuses on developing a skill set where students can investigate their interests and curiosities, and explore them in an intentional and structured way. Students will map out the story they have been telling themselves about their future, and then ask themselves, "What if the career I'm planning to pursue no longer exists? What if money and image were no object?" They will identify what is working and what is not and leverage those learnings to design a new version of their story, mindful that there is no single perfect job waiting for them but many great opportunities that fit their interests and goals.

### WORKSHOP OBJECTIVE:

At the conclusion of the workshop, students will be armed with their own self-designed life plans along with the steps to execute these plans. They will have the tools and framework to navigate change and build a life where they will flourish and feel comfortable and confident to continue exploring their life and career path. Experiment, and continue to experiment!

### WORKSHOP DETAILS

To schedule a Cleary Compass workshop at your organization, please contact **Amy Denton**:  
**800-686-1883, ext.1556**  
-or- email [adenton@cleary.edu](mailto:adenton@cleary.edu)

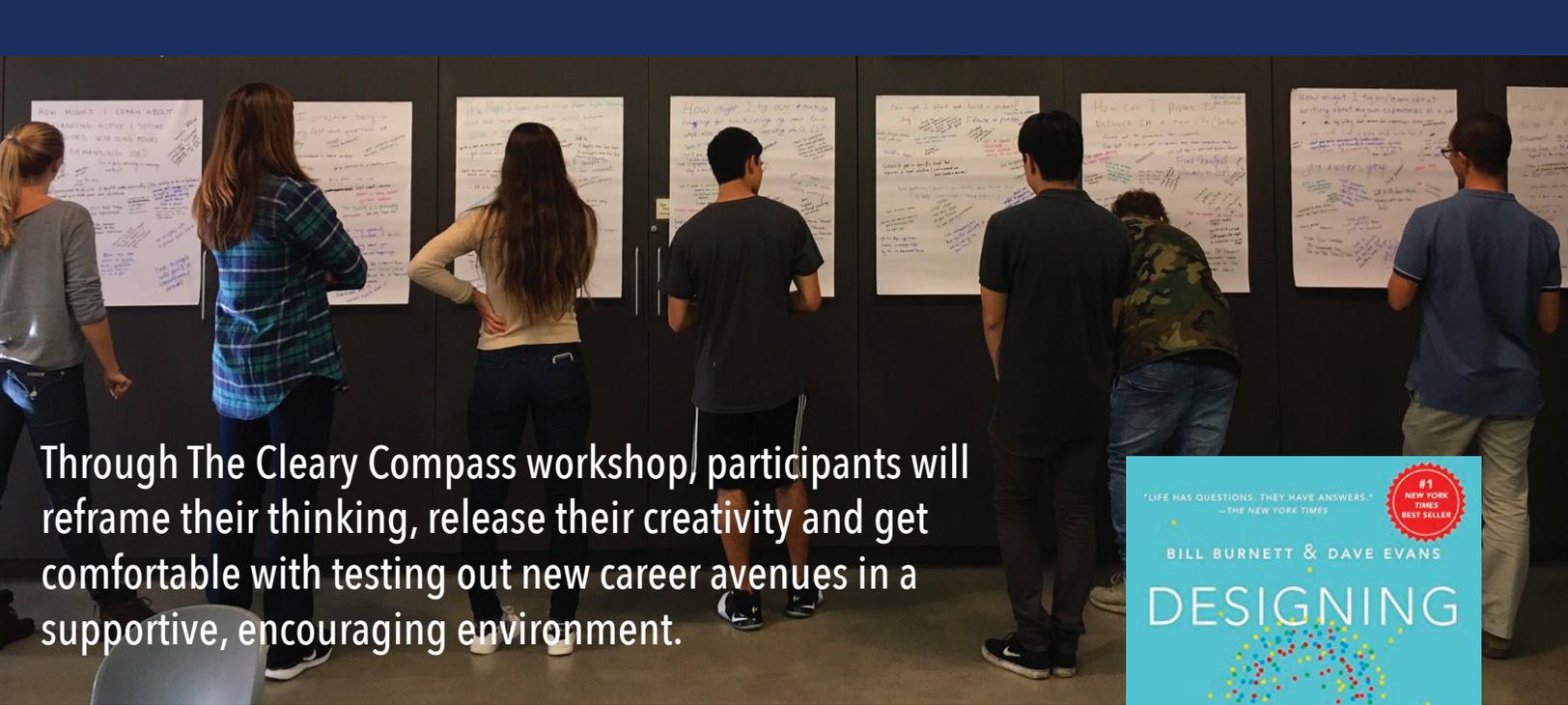
*Students often ask themselves, "What will I do with my life?" Instead, at Cleary, we challenge them to first ask this more realistic question, "How can I build my way toward a life and career that I love?" The Cleary Compass is designed to help students explore that question and find the answers. This action-based program will guide students on a new, innovative path to career development by encouraging them to test their interests, investigate potential careers and build their own personal compass.*



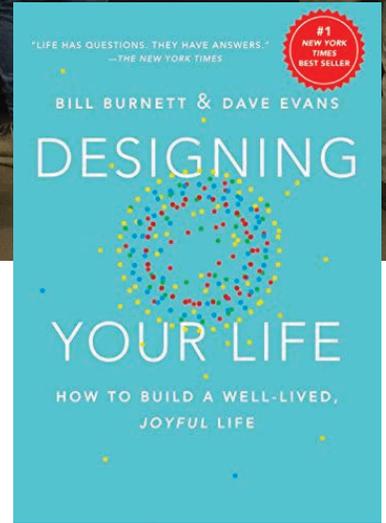
**Amy Denton**  
**Moderator**

In addition to serving as director of alumni, corporate and career development at Cleary University, Amy Denton taught business, management, selling, internship and career development courses. She earned a Bachelor of Arts in sociology from Western Michigan University and a Master of Science Administration in business leadership from Central Michigan University.

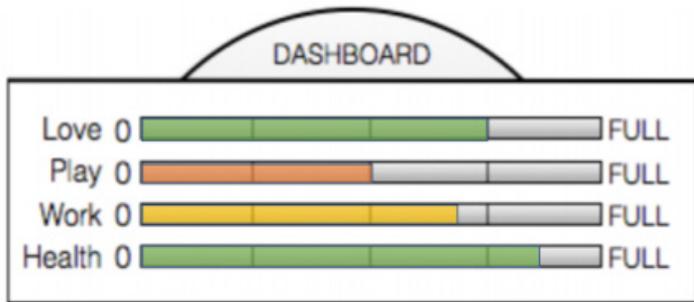
TO APPLY OR LEARN MORE ABOUT THE CLEARY COMPASS WORKSHOP,  
PLEASE CALL 800-686.1883 OR VISIT [CLEARY.EDU/CLEARYCOMPASS](http://CLEARY.EDU/CLEARYCOMPASS)



Through The Cleary Compass workshop, participants will reframe their thinking, release their creativity and get comfortable with testing out new career avenues in a supportive, encouraging environment.

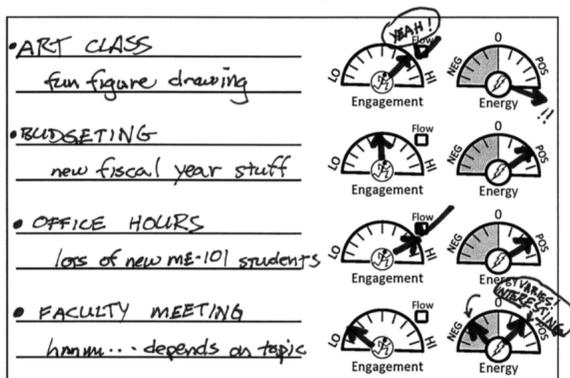


During this one-hour workshop, participants will be given the various tools, worksheets and take-home resources that will prepare you for the more in-depth Cleary Compass seminars that follow this one-hour workshop:

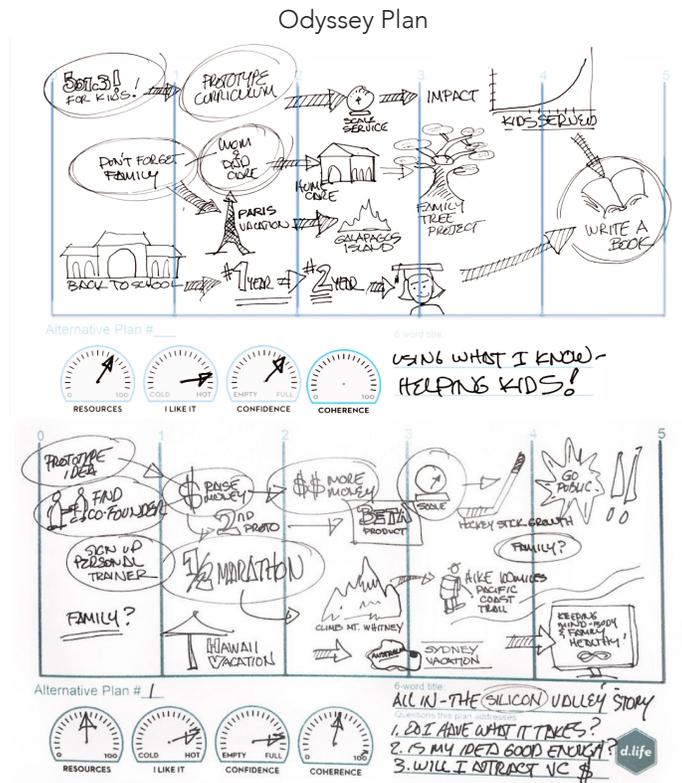


A Health/Work/Play/Love Dashboard tool that gives you a pulse on your current work/life balance.

Good Time Journal - Activity Log



The Good Time Journal is a self-assessment tool that helps the participant answer the question, "What drains you?"



Worksheets to help you illustrate alternate Odyssey Plans for different versions of the future you hope for.